

## Useful websites

[www.parentinfo.org/](http://www.parentinfo.org/) - This website was developed out of a partnership between CEOP and The Parent Zone and contains lots of good eSafety advice.

[www.saferinternet.org.uk](http://www.saferinternet.org.uk) - Here you will find e-safety tips, advice and resources to help children and young people stay safe on the internet.

[www.childnet.com](http://www.childnet.com) - An organisation working directly with children, parents and teachers to ensure that the issues of online child protection and the safe and positive use of the internet are addressed.

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) - The Child Exploitation and Online Protection (CEOP) Centre has set up its own website which has been designed and written specifically for children, young people, teachers, parents and carers.

[www.kidsmart.org.uk/](http://www.kidsmart.org.uk/) - Kidsmart is an award winning internet safety website for parents and those working with children. It has been developed by the children's internet charity Childnet International and has excellent information on many of the technologies used by children, with guidance on how to 'stay safe' online.

[www.bullying.co.uk](http://www.bullying.co.uk) - One in five young people have experienced bullying by text message or via email. This web site gives advice for children and parents on cyberbullying.

[www.internetmatters.org /](http://www.internetmatters.org/) - Specific help on how to set up internet controls at home. Guidance and articles for parents about keeping children safe online.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/> - NSPCC have teamed up with O2 to help you keep children safe when they're using the internet, social networks, apps, games and more

There is also **Net Aware** and **Share Aware** which are NSPCC's help pages aimed at parents and children to keep children safe online

[childline.org.uk/](http://childline.org.uk/) - This is a private and confidential service for children and young people up to the age of 19. You can contact a ChildLine counsellor about anything- no problem is too big or too small. Call free on 0800 1111, have a 1-2-1 chat online or send an email

<http://vodafonedigitalparenting.co.uk/> - excellent advice, tips and guidance for parents and carers about the online world. Covers topics such as cyberbullying, sexing, digital resilience, body image to name but a few!

[www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk) - a unique coalition of organisations and individuals, working together to achieve their vision to: stop bullying and create safer environments in which children and young people can live, grow, play and learn